



# SELF-CONFIDENCE FORMULA

By Napoleon Hill

## First

I know that I have the ability to achieve the object of my definite purpose, therefore, I demand of myself persistent and continuous action toward its achievement.

## Third

I know that through the principle of Auto-suggestion, any desire that I persistently hold in my mind will eventually seek expression through some practical means of realizing it, therefore I shall devote ten minutes daily to demanding of myself the development of the factors named in the sixteen lessons of this reading course on the Law of Success.

## Fifth

I fully realize that no wealth or position can long endure unless built upon truth and justice, therefore, I will engage in no transaction which does not benefit all whom it affects. I succeed by attracting to me the forces I wish to use, and the co-operation of other people. I will induce others to serve me because I will first serve them. I will eliminate hatred, envy, jealousy, selfishness and cynicism by developing love for all humanity, because I know that a negative attitude toward others can never bring me success. I will cause others to believe in me because I will believe in them and in myself.

I will sign my name to this formula, commit it to memory and repeat it aloud once a day with full faith that it will gradually influence my entire life so that I will become a successful and happy worker in my chosen field of endeavor.

## Second

I realize that the dominating thoughts of my mind eventually, reproduce themselves in outward, bodily action, and gradually transform themselves into physical reality, therefore, I will concentrate my mind for thirty minutes daily upon the task of thinking of the person I intend to be, by creating a mental picture of this person and then transforming that picture into reality through practical service.

## Fourth

I have clearly mapped out and written down a description of my definite purpose in life, for the coming five years. I have set a price on my services for each of these five years; a price that I intend to earn and receive, through strict application of the principle of efficient, satisfactory service which I will render in advance.

Signed (Name, Birthday, Place and Date):

Provided by: Reza Taheri [www.rtaheri.com](http://www.rtaheri.com)